

GARNER RESCUE COMPETITION 2011
Personal Vertical System and Single Rope Technique Pre-competition Evaluation

GENERAL INFORMATION

All competitors and judges wanting to employ single rope techniques during competition must successfully complete this evaluation.

Evaluations will be conducted on Thursday, October 6. Evaluations will start at 1700 (5PM). Evaluations will be closed at 1900 (7PM). Have all of your equipment, and be prepared to test.

After arriving at Garner State Park contact Rod Dennison for the exact location of the evaluation site or just look for the obvious site. Check offs will be around the "Old Garner" section in the general area close to the trail head, admin area etc.

Judges "on the hill" will be provided a list of all those who successfully complete the evaluation and each competitor will be individually "flagged" for competition. **Competitors not on the approved SRT list will be required to follow the routine competition belay rule – "Belay Required".**

This is NOT a teaching, fine tuning or "build a system" workshop. Candidates must show up equipped and prepared to complete the evaluation process.

Rope and rigging will be provided by the evaluators. Stations will be rigged as "treadmills". As the climber climbs, the rope will be lowered at the appropriate speed so that the climber stays approximately the same distance above the ground. Rope will be static 11mm.

Systems must provide:

- 2 gripping points of attachment (ascenders or knots) to the seat harness
- an approved descending device (rack, figure 8 etc.)
- 2 points of attachment during change-over's

Time starts when the candidate touches the rope. Maximum time allowed is 10 minutes per attempt. Two attempts allowed.

Candidates will be required to climb 30 feet. The rope will be marked at 30 feet.

At 30' the candidate will stop climbing and change over to rappel. **A point of attachment independent of the descender must remain engaged until the descender is unlocked, loaded and correct rigging has been verified. This means the candidate must actually rappel a few inches before the other attachment is removed.**

When the candidate rappels, approximately 3-5 feet above the ground the evaluator will indicate that the candidate is to stop and change over to ascent. **A minimum of 2 points of attachment must be maintained during the change over.**

After the candidate ascends 3-5 feet (adequate to assure that the ascent is safe and efficient) the evaluator will signal that the evaluation is over. Time will stop, and the evaluator will direct lowering of the candidate.

Candidates must demonstrate a "hard" lock off of the descender during change over's. A hard lock off is a lock off that allows complete freedom of movement including slack to the descender with no chance that the rope can disengage. Specific techniques include manufacturer's recommendation or techniques agreed to prior to evaluation.

See the "**Pre-competition Evaluation TESTING CRITERIA**" for details of the evaluation.

*Direct any questions regarding the evaluation process, scoring, or acceptable systems and equipment to:
Rod Dennison- 254-780-3256, 254-563-5990 (cell), tr0508@aol.com*